



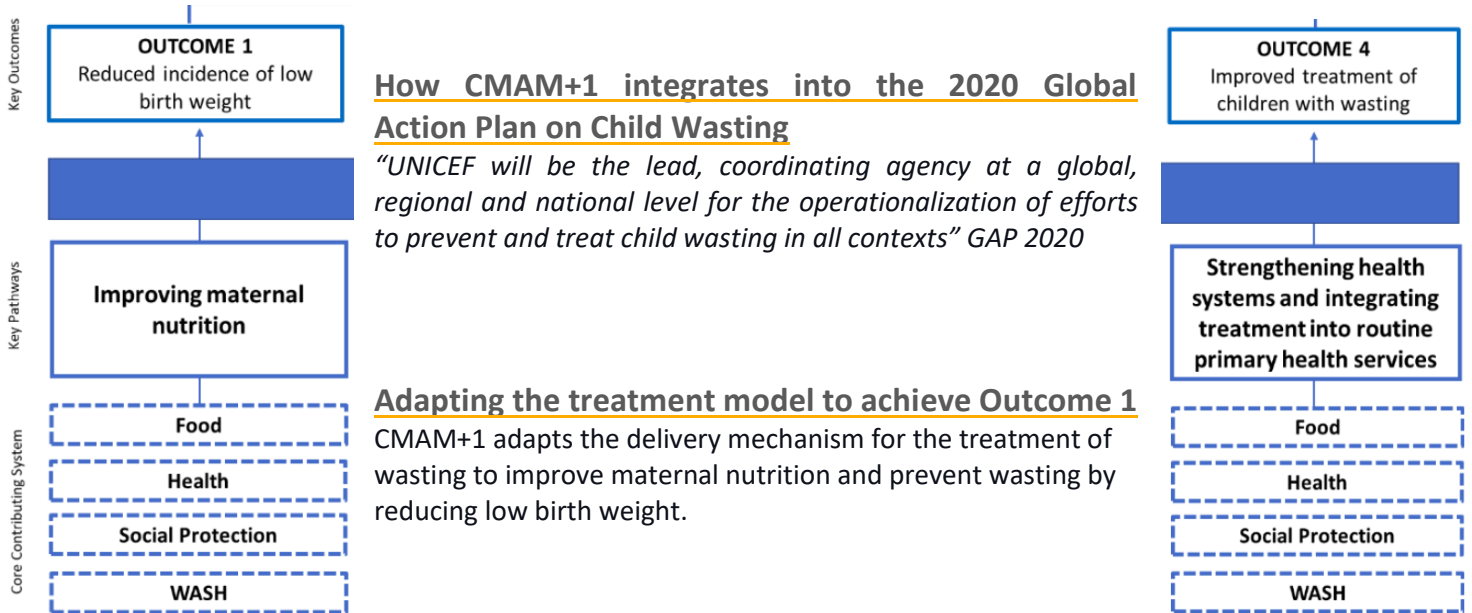
Mothers First: Call to Action on the *Global Action Plan on Child Wasting*

Call to Action

All Community Management of Acute Malnutrition (CMAM) programs have the technical capacity to adapt their program to include maternal nutrition interventions.

Our Pilot Program

In 2015, Mothers First successfully adapted the existing CMAM programs to include malnourished pregnant mothers. We have called this program CMAM+1 to take note of the extra nutrition recipient on the program.



How?

The delivery mechanism for CMAM is well established and has a rigid set of protocols implemented by a well-trained staff. The inclusion of pregnant mothers into the delivery model of CMAM fits very easily into the underlying principles of the CMAM framework and training guide.

Adapting the CMAM training guide

Management of At-risk Mothers and Infants under six months of age (MAMI) has already set this principle within the CMAM framework.

The intervention key:

“Undernourished girls have a greater likelihood of becoming undernourished mothers, who in turn have a greater chance of giving birth to low birthweight babies, perpetuating an intergenerational cycle of malnutrition” - GAP 2020

The intergenerational reality of malnutrition means that existing CMAM intervention areas, where UNICEF, their partner agencies and governments operate for children, will also have a high incidence of maternal malnutrition and low birth weight.

UNICEF has committed to treating 5.5 million children through CMAM Programming in 2020. By adapting these CMAM Programs to include mothers during pregnancy, Outcome 1 of the Global Action Plan on Wasting begins to become an operational reality.